

Nowruz Tefillah

Dodi Li, va'ani lo, haroeh bashoshanim.

Mi zot olah min hamidbar, mi zot
olah mikuteret mor u'livonah?
Dodi li...

Levavtini achoti kalah. Levavtini kalah...
Dodi li...

Uri tzafon u'voi teiman.
Dodi li...

דודי לי ואני לו הרעה בשושנים.

מי זאת עולה מן המדבר, מי זאת
עולה מקטרת מור ולבונה?
דודי לי...

לבבתיני אחותי כלה, לבבתיני כלה.
דודי לי...

עורי צפון ובואי תימן.
דודי לי...

My beloved is mine, and I am his, the shepherd among the lilies.

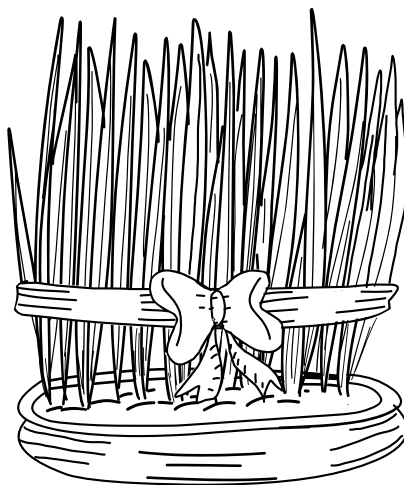
(Song of Songs 2:16)

Who is this that comes up out of the wilderness... perfumed with myrrh
and frankincense? (Song of Songs 3:6)

You have ravished my heart, my sister, my bride. (Song of Songs 4:9)

Awake, O north wind; and come, O south...(Song of Songs 4:16)

In my heart, you are the mirthful ray
You are the caring, though my companions stray
Happy is the world with Nowruz and with Eid
You are both my Eid and my Nowruz today
~Rumi



I
Have
Learned
So much from God
That I can no longer
Call
Myself
A Christian, a Hindu, a Muslim,
A Buddhist, a Jew.
The Truth has shared so much of Itself
With me
That I can no longer call myself
A man, a woman, an angel,
Or even pure
Soul.
Love has
Befriended Hafiz so completely
It has turned to ash
And freed
Me
Of every concept and image
My mind has ever known.
~Hafiz



Persian New Year: The Haftseen Table

The celebration of Nowruz, the Persian New Year, includes a special arrangement called the Haftseen Table. This table is decorated with seven items that all start with the letter sin (س) in Persian, each symbolizing renewal and the arrival of spring. The number seven is considered lucky and represents various aspects of life.

The Seven Symbols of Haftseen

1. Sabzeh (سبزه) - Wheat, barley, or lentil sprouts: Symbolizing rebirth and growth.
2. Sekkeh (سکه) - Coins: Symbolizing wealth and prosperity.
3. Seer (سیر) - Garlic: Symbolizing medicine and health.
4. Seeb (سیب) - Apple: Symbolizing beauty and health.
5. Somagh (سماق) - Sumac: Symbolizing the sunrise and new beginnings.
6. Serkeh (سرکه) - Vinegar: Symbolizing age and patience.
7. Senjed (سنجد) - Dried oleaster fruit: Symbolizing love and wisdom.

Additional Traditional Items

Although not beginning with the letter sin (س), these items are commonly found on the Haftseen table:

- Tokhm-e Morg Rangi (تخم مرغ رنگی) - Colored eggs: Symbolizing fertility.
- Ayina (آینه) - Mirror: Symbolizing self-reflection.
- Shem.a (شمع) - Candle: Symbolizing enlightenment.
- Maahi-ye Qermez (ماهی قرمز) - Goldfish: Symbolizing progress and movement.
- Ketaab (کتاب) - A book, often poetry or a religious text: Symbolizing wisdom.

The Haftseen Tablet reflects the values of renewal, prosperity, and health as the new year begins.

Nowruz Mobarak!