



Everyday HOLINESS

“Reading [*Everyday Holiness*] was an education and an inspiration for me. It is wise, written with beautiful clarity, and useful at every step.”

—Thomas Moore, author of *Dark Nights of the Soul*

Come hear **ALAN MORINIS** talk about the rebirth of the little-known but ancient Jewish spiritual tradition called Mussar and what it offers

Everyday Holiness lays out a step-by-step program of Mussar practice that can transform your life.

Mussar helps you identify the inner traits that make up your personal spiritual curriculum, and to master them. This is Mussar’s path to happiness and fulfillment.

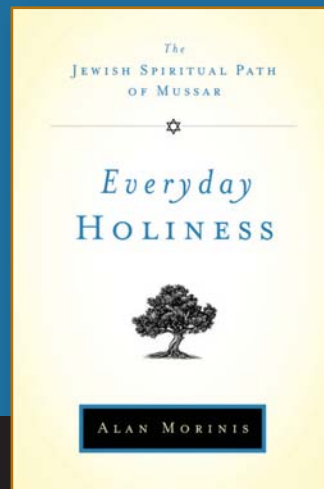
Alan Morinis is also the author of *Climbing Jacob’s Ladder*. He holds a doctorate from Oxford University, where he went on a Rhodes Scholarship.

“Alan Morinis has provided a beacon of light. Reading [*Everyday Holiness*] and implementing its teachings will help readers to progress toward life goals that can deliver true happiness.”

—Rabbi Abraham J. Twerski, MD, author of *The Spiritual Self*

“Practical guidance on how to negotiate the epidemic levels of confusion in our frenetic world. The Mussar tradition offers a path of wisdom and authentic holiness that has stood the test of time.”

—Larry Dossey, MD, author of *The Extraordinary Healing Power of Ordinary Things*



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The Mussar
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